

A promotional graphic for Chris Seal's mission. On the left, a close-up of Chris Seal in a white space suit, smiling and looking upwards. The background is a dark, starry space scene. On the right, white text reads "Follow Chris' Mission @astro_seal". Below the text is a colorful Instagram logo.

Follow Chris' Mission
@astro_seal



1
00:00:01,439 --> 00:00:09,070
ignition sequence stars

2
00:00:16,070 --> 00:00:14,150
[Music]

3
00:00:17,590 --> 00:00:16,080
good morning you're looking at the scene

4
00:00:19,349 --> 00:00:17,600
in the international space station

5
00:00:21,029 --> 00:00:19,359
flight control room at nasa's johnson

6
00:00:22,790 --> 00:00:21,039
space center in houston

7
00:00:24,470 --> 00:00:22,800
this is where there is always a team of

8
00:00:26,470 --> 00:00:24,480
specialists on duty to monitor the

9
00:00:27,830 --> 00:00:26,480
station systems and where they work with

10
00:00:30,310 --> 00:00:27,840
the crew members through all of their

11
00:00:32,709 --> 00:00:30,320
tasks on the daily agenda

12
00:00:34,790 --> 00:00:32,719
expedition 63 commander chris cassidy

13
00:00:36,709 --> 00:00:34,800

and flight engineers anatoly ivanishin

14

00:00:38,790 --> 00:00:36,719

and yvonne wagner are looking forward to

15

00:00:40,630 --> 00:00:38,800

spending their upcoming weekend off duty

16

00:00:42,470 --> 00:00:40,640

after having finished up a full week

17

00:00:47,750 --> 00:00:42,480

full of science support and station

18

00:00:51,750 --> 00:00:49,910

houston station on space to ground

19

00:00:54,069 --> 00:00:51,760

welcome to space to ground i'm leah

20

00:00:56,229 --> 00:00:54,079

cheshire this week chris cassidy

21

00:00:59,670 --> 00:00:56,239

continued research into how the body

22

00:01:01,830 --> 00:00:59,680

repairs dna damage in space

23

00:01:04,469 --> 00:01:01,840

due to increased exposure to radiation

24

00:01:06,870 --> 00:01:04,479

in space dna damage can have long-term

25

00:01:09,510 --> 00:01:06,880

effects on astronaut health the genes in

26
00:01:12,230 --> 00:01:09,520
space 6 experiment evaluates the entire

27
00:01:14,469 --> 00:01:12,240
dna repair process by inducing dna

28
00:01:17,030 --> 00:01:14,479
damages and assessing mutation and

29
00:01:19,510 --> 00:01:17,040
repair on tuesday cassidy set up the

30
00:01:22,070 --> 00:01:19,520
biomolecule sequencer a device that can

31
00:01:24,310 --> 00:01:22,080
sequence dna in space with a new flow

32
00:01:26,630 --> 00:01:24,320
cell where the samples are added

33
00:01:28,550 --> 00:01:26,640
understanding how dna damage and repairs

34
00:01:30,630 --> 00:01:28,560
occur in microgravity can contribute to

35
00:01:33,030 --> 00:01:30,640
procedures to protect astronauts not

36
00:01:36,149 --> 00:01:33,040
only on the space station but also on

37
00:01:38,390 --> 00:01:36,159
future missions to the moon or mars

38
00:01:40,789 --> 00:01:38,400

in the japanese aerospace exploration

39

00:01:42,870 --> 00:01:40,799

agency's kibo module chris cassidy

40

00:01:45,109 --> 00:01:42,880

worked on hardware that gives us a much

41

00:01:47,190 --> 00:01:45,119

closer look at things we can't see with

42

00:01:49,190 --> 00:01:47,200

the naked eye

43

00:01:51,510 --> 00:01:49,200

cassidy performed lens collection for

44

00:01:53,429 --> 00:01:51,520

the confocal space microscopy setup and

45

00:01:56,230 --> 00:01:53,439

closeout removing the lenses from the

46

00:01:57,910 --> 00:01:56,240

aquatic habitat in kibo and reinstalling

47

00:01:59,990 --> 00:01:57,920

them to the microscope setup in the

48

00:02:02,230 --> 00:02:00,000

japanese experiment module helping

49

00:02:04,230 --> 00:02:02,240

maintain the microscope itself

50

00:02:06,789 --> 00:02:04,240

as it is confocal this special

51
00:02:08,710 --> 00:02:06,799
microscope blocks out out-of-focus light

52
00:02:10,389 --> 00:02:08,720
providing a greater resolution on the

53
00:02:12,710 --> 00:02:10,399
subject of interest

54
00:02:14,790 --> 00:02:12,720
the confocal microscope allows data to

55
00:02:16,949 --> 00:02:14,800
be obtained real time on the fundamental

56
00:02:18,949 --> 00:02:16,959
nature of cellular and tissue structures

57
00:02:20,790 --> 00:02:18,959
and functions

58
00:02:22,630 --> 00:02:20,800
as we look forward to the weekend on

59
00:02:24,390 --> 00:02:22,640
earth it seems like a good chance to

60
00:02:27,910 --> 00:02:24,400
answer natalie's question about what

61
00:02:30,309 --> 00:02:27,920
weekends are like on the space station

62
00:02:32,470 --> 00:02:30,319
like most full-time employees on earth

63
00:02:34,630 --> 00:02:32,480

astronauts in space usually get weekends

64

00:02:36,309 --> 00:02:34,640

off too and enjoy talking with friends

65

00:02:39,509 --> 00:02:36,319

and family taking photos out of the

66

00:02:41,270 --> 00:02:39,519

window reading watching movies and more

67

00:02:43,589 --> 00:02:41,280

however there are a couple of tasks

68

00:02:45,670 --> 00:02:43,599

still on their schedules astronauts are

69

00:02:47,910 --> 00:02:45,680

still required to work out for about two

70

00:02:50,150 --> 00:02:47,920

hours each day and they also take some

71

00:02:51,830 --> 00:02:50,160

time to tidy up their home in low earth

72

00:02:53,750 --> 00:02:51,840

orbit

73

00:02:59,370 --> 00:02:53,760

keep sending in your questions using the

74

00:02:59,380 --> 00:03:09,990

[Music]

75

00:03:13,910 --> 00:03:12,229

chris cassidy is a u.s navy captain with

76

00:03:15,910 --> 00:03:13,920

a bachelor's degree in math from the

77

00:03:18,869 --> 00:03:15,920

naval academy and a masters in ocean

78

00:03:20,949 --> 00:03:18,879

engineering from mit he also served 11

79

00:03:22,949 --> 00:03:20,959

years as a navy seal with four overseas

80

00:03:25,030 --> 00:03:22,959

deployments before becoming a nasa

81

00:03:26,630 --> 00:03:25,040

astronaut but you never really know

82

00:03:28,470 --> 00:03:26,640

someone do you until you know things

83

00:03:30,710 --> 00:03:28,480

like their favorite musical instrument

84

00:03:32,309 --> 00:03:30,720

and what they hope to be remembered for

85

00:03:34,070 --> 00:03:32,319

cassidy shed some light on these things

86

00:03:45,589 --> 00:03:34,080

and more as the clock counted down to

87

00:03:50,070 --> 00:03:47,990

what is your favorite season fall what's

88

00:03:53,110 --> 00:03:50,080

your favorite constellation orion

89

00:03:56,070 --> 00:03:53,120

favorite musical instrument the viola

90

00:03:58,550 --> 00:03:56,080

the viola only because my kids played it

91

00:04:01,030 --> 00:03:58,560

morning or night person morning one

92

00:04:02,869 --> 00:04:01,040

thing you're afraid of screwing up on a

93

00:04:05,589 --> 00:04:02,879

space mission one thing you have in the

94

00:04:07,429 --> 00:04:05,599

refrigerator at all times pesto what's

95

00:04:09,750 --> 00:04:07,439

your favorite book the count of monte

96

00:04:13,429 --> 00:04:09,760

cristo favorite movie saving private

97

00:04:15,750 --> 00:04:13,439

ryan favorite dance move sprinkler

98

00:04:18,069 --> 00:04:15,760

what's your favorite color navy blue

99

00:04:20,150 --> 00:04:18,079

guilty pleasure eating ice cream the

100

00:04:21,509 --> 00:04:20,160

accomplishment you are most proud of

101
00:04:23,749 --> 00:04:21,519
being the honor graduate of seal

102
00:04:25,909 --> 00:04:23,759
training the next item on your space

103
00:04:27,430 --> 00:04:25,919
bucket list welcoming

104
00:04:29,189 --> 00:04:27,440
one of the commercial crews onboard the

105
00:04:32,150 --> 00:04:29,199
space station advice that you would give

106
00:04:35,430 --> 00:04:32,160
to younger you communicate more often

107
00:04:37,990 --> 00:04:35,440
who inspires you anybody that does

108
00:04:40,390 --> 00:04:38,000
unsolicited unselfish acts what would

109
00:04:42,790 --> 00:04:40,400
you like to be remembered for

110
00:05:00,870 --> 00:04:42,800
having the greatest nba three-point

111
00:05:05,189 --> 00:05:02,629
the international space station is a

112
00:05:06,870 --> 00:05:05,199
working laboratory in space and solar

113
00:05:07,830 --> 00:05:06,880

energy is a key element in keeping it

114

00:05:09,749 --> 00:05:07,840

running

115

00:05:11,350 --> 00:05:09,759

astronauts rely on this renewable energy

116

00:05:13,189 --> 00:05:11,360

source to power the machines they need

117

00:05:15,189 --> 00:05:13,199

for their science work as well as the

118

00:05:17,430 --> 00:05:15,199

ones they need for their survival

119

00:05:19,189 --> 00:05:17,440

in this demonstration video astronaut

120

00:05:20,710 --> 00:05:19,199

ricky arnold explains the process of

121

00:05:22,790 --> 00:05:20,720

generating power from the station's

122

00:05:25,749 --> 00:05:22,800

solar arrays to produce the electricity

123

00:05:28,970 --> 00:05:25,759

for astronauts as they orbit 250 miles

124

00:05:42,070 --> 00:05:28,980

above the earth's surface

125

00:05:45,189 --> 00:05:43,590

all right welcome aboard the

126

00:05:47,189 --> 00:05:45,199

international space station i'm

127

00:05:49,189 --> 00:05:47,199

astronaut ricky arnold and i'm currently

128

00:05:52,150 --> 00:05:49,199

at one of our human research facilities

129

00:05:55,270 --> 00:05:52,160

on iss where you can see centrifuges

130

00:05:56,710 --> 00:05:55,280

laptops and other scientific equipment

131

00:05:58,469 --> 00:05:56,720

across from me is another one of these

132

00:06:01,749 --> 00:05:58,479

experiment racks where you can see

133

00:06:03,909 --> 00:06:01,759

ultrasound imaging more laptops cameras

134

00:06:06,550 --> 00:06:03,919

other equipment all stuff that requires

135

00:06:08,230 --> 00:06:06,560

electrical power in fact we have so much

136

00:06:10,469 --> 00:06:08,240

equipment for science and life support

137

00:06:13,350 --> 00:06:10,479

that our electrical system has about 8

138

00:06:15,350 --> 00:06:13,360

miles or 13 kilometers of wiring to make

139

00:06:16,629 --> 00:06:15,360

it all work so where does this energy

140

00:06:19,270 --> 00:06:16,639

come from

141

00:06:20,550 --> 00:06:19,280

let's have a look

142

00:06:22,150 --> 00:06:20,560

from here in the cupola and through

143

00:06:24,550 --> 00:06:22,160

other windows you can easily see the

144

00:06:25,909 --> 00:06:24,560

solar arrays soaking in the sunlight

145

00:06:27,670 --> 00:06:25,919

they are massive

146

00:06:30,070 --> 00:06:27,680

these four solar arrays are made of

147

00:06:32,309 --> 00:06:30,080

solar cells which are purified chunks of

148

00:06:35,670 --> 00:06:32,319

the element silicon together the solar

149

00:06:38,469 --> 00:06:35,680

rays contain a total of 262 400 solar

150

00:06:40,550 --> 00:06:38,479

cells and cover an area of about 27 000

151
00:06:43,830 --> 00:06:40,560
square feet more than half the area of a

152
00:06:45,350 --> 00:06:43,840
football field that's huge

153
00:06:47,270 --> 00:06:45,360
when the station is in sunlight the

154
00:06:49,589 --> 00:06:47,280
solar arrays produce about 60 percent

155
00:06:50,950 --> 00:06:49,599
more power than we actually need during

156
00:06:52,790 --> 00:06:50,960
the daytime

157
00:06:55,430 --> 00:06:52,800
that extra power goes directly to

158
00:06:56,870 --> 00:06:55,440
charging our lithium-ion batteries

159
00:06:59,029 --> 00:06:56,880
those batteries are essential because

160
00:07:01,749 --> 00:06:59,039
they provide the power we need during

161
00:07:03,749 --> 00:07:01,759
the 16 night times we have per day here

162
00:07:05,510 --> 00:07:03,759
on the space station

163
00:07:07,909 --> 00:07:05,520

the energy our solar arrays can produce

164

00:07:09,830 --> 00:07:07,919

is enough to power 40 homes and we can

165

00:07:12,390 --> 00:07:09,840

maximize the power we generate by

166

00:07:13,990 --> 00:07:12,400

rotating the arrays in two axes one like

167

00:07:16,070 --> 00:07:14,000

a windmill to track the sun through the

168

00:07:18,230 --> 00:07:16,080

course of the day the other the track

169

00:07:19,990 --> 00:07:18,240

the sun's inclination or its angle in

170

00:07:21,670 --> 00:07:20,000

the sky

171

00:07:24,070 --> 00:07:21,680

the space station's electrical power

172

00:07:26,070 --> 00:07:24,080

system uses direct current to provide

173

00:07:30,070 --> 00:07:26,080

energy for our laptop's lights water

174

00:07:31,909 --> 00:07:30,080

recovery system and science experiments

175

00:07:36,620 --> 00:07:31,919

thanks for coming aboard today now back

176

00:07:58,150 --> 00:07:43,270

[Music]

177

00:08:01,830 --> 00:07:59,830

many nasa astronauts who have been to

178

00:08:03,990 --> 00:08:01,840

space for an extended period of time

179

00:08:05,749 --> 00:08:04,000

such as ricky arnold has returned to

180

00:08:07,670 --> 00:08:05,759

earth with a new appreciation for the

181

00:08:09,270 --> 00:08:07,680

planet they left behind it's also been

182

00:08:10,869 --> 00:08:09,280

true for those who took a trip to space

183

00:08:12,629 --> 00:08:10,879

on a space shuttle mission that only

184

00:08:14,070 --> 00:08:12,639

lasted a week or so

185

00:08:15,990 --> 00:08:14,080

take it from former astronaut bill

186

00:08:18,469 --> 00:08:16,000

mcarthur who has made both kinds of

187

00:08:20,629 --> 00:08:18,479

trips he tells us he has definitely

188

00:08:25,160 --> 00:08:20,639

experienced a shift in his world view

189

00:08:43,670 --> 00:08:37,180

[Music]

190

00:08:45,990 --> 00:08:43,680

when you first get to get to get to

191

00:08:47,990 --> 00:08:46,000

orbit of course main engine cuts off and

192

00:08:49,829 --> 00:08:48,000

it's it's really it's really funny it's

193

00:08:52,470 --> 00:08:49,839

really not funny but it's fun to watch

194

00:08:54,550 --> 00:08:52,480

everyone i think everyone takes whatever

195

00:08:57,190 --> 00:08:54,560

writing utensil he or she has and

196

00:08:59,350 --> 00:08:57,200

releases it because it's it's i want to

197

00:09:01,030 --> 00:08:59,360

see something float yeah i know i feel

198

00:09:02,150 --> 00:09:01,040

floaty but now i want to see something

199

00:09:04,470 --> 00:09:02,160

float

200

00:09:06,790 --> 00:09:04,480

and then as quickly as you can

201

00:09:14,630 --> 00:09:06,800

particularly a first-time flyer it's

202

00:09:20,310 --> 00:09:16,070

the first thing you're overwhelmed with

203

00:09:25,269 --> 00:09:22,790

it's darn exciting and so immediately

204

00:09:29,269 --> 00:09:25,279

you're trying to identify geographical

205

00:09:32,230 --> 00:09:29,279

feed identify places

206

00:09:34,630 --> 00:09:32,240

you look and you see things like a

207

00:09:36,949 --> 00:09:34,640

massive thunderstorm you know a super

208

00:09:39,590 --> 00:09:36,959

cumulonimbus cloud coming up and it

209

00:09:42,070 --> 00:09:39,600

really does come up at you it is that

210

00:09:44,310 --> 00:09:42,080

tangible nature of what what you're

211

00:09:49,110 --> 00:09:44,320

seeing that really does take your breath

212

00:09:53,590 --> 00:09:51,590

i worried my family when i was sending

213

00:09:56,630 --> 00:09:53,600

them notes because i started talking

214

00:09:58,630 --> 00:09:56,640

about the black velvet of deep space you

215

00:10:00,550 --> 00:09:58,640

look in the sky here on the earth and

216

00:10:02,550 --> 00:10:00,560

you know it's like milky way or those

217

00:10:05,750 --> 00:10:02,560

thin clouds up there what am i looking

218

00:10:08,150 --> 00:10:05,760

at but but everything is really really

219

00:10:09,910 --> 00:10:08,160

vivid and and i think that's

220

00:10:11,350 --> 00:10:09,920

another part of the visual aspect

221

00:10:15,829 --> 00:10:11,360

whether you're looking out or looking

222

00:10:18,710 --> 00:10:15,839

down it's part of the same thing of

223

00:10:20,949 --> 00:10:18,720

taking a picture of someone nothing

224

00:10:22,470 --> 00:10:20,959

captures

225

00:10:25,030 --> 00:10:22,480

vivid colors

226

00:10:26,870 --> 00:10:25,040

and and texture and subtlety like the

227

00:10:28,470 --> 00:10:26,880

human eye does and and when you're in

228

00:10:29,750 --> 00:10:28,480

space it's the same thing and i think

229

00:10:30,710 --> 00:10:29,760

that's in part

230

00:10:33,670 --> 00:10:30,720

why

231

00:10:36,069 --> 00:10:33,680

it's such a such a powerful

232

00:10:39,430 --> 00:10:36,079

personal experience and as much as we

233

00:10:41,670 --> 00:10:39,440

love the pictures that we bring back

234

00:10:43,060 --> 00:10:41,680

it's not the same as

235

00:10:45,350 --> 00:10:43,070

seeing it yourself

236

00:10:47,590 --> 00:10:45,360

[Music]

237

00:10:49,110 --> 00:10:47,600

there's a certain serenity

238

00:10:51,670 --> 00:10:49,120

that comes it's not just from what

239

00:10:55,829 --> 00:10:51,680

you've seen it's from

240

00:11:00,310 --> 00:10:58,630

goal that you had and that's something i

241

00:11:02,710 --> 00:11:00,320

felt right after i got on orbit the

242

00:11:05,030 --> 00:11:02,720

first time is

243

00:11:07,750 --> 00:11:05,040

you know heaven forbid

244

00:11:11,110 --> 00:11:07,760

i could perish now

245

00:11:13,509 --> 00:11:11,120

and or or i can never fly again but

246

00:11:17,190 --> 00:11:13,519

nothing can take this experience away i

247

00:11:20,390 --> 00:11:17,200

i now i own this experience it is it is

248

00:11:21,270 --> 00:11:20,400

mine forever

249

00:11:22,150 --> 00:11:21,280

[Music]

250

00:11:31,030 --> 00:11:22,160

[Laughter]

251
00:11:34,310 --> 00:11:32,790
can you imagine what it must be like for

252
00:11:35,990 --> 00:11:34,320
scientists who spend years of their

253
00:11:38,310 --> 00:11:36,000
lives developing and designing an

254
00:11:40,790 --> 00:11:38,320
experiment to finally watch it blast off

255
00:11:42,710 --> 00:11:40,800
a planet on the top of a rocket

256
00:11:44,790 --> 00:11:42,720
well in this episode of the new series

257
00:11:46,310 --> 00:11:44,800
nasa explorers you can watch a pair of

258
00:11:48,150 --> 00:11:46,320
researchers go through their first

259
00:11:54,270 --> 00:11:48,160
experience of launching all their hard

260
00:11:54,280 --> 00:11:59,110
[Music]

261
00:12:03,910 --> 00:12:01,590
it's the launch day it's a little windy

262
00:12:04,949 --> 00:12:03,920
out here today it's a beautiful day uh

263
00:12:07,430 --> 00:12:04,959

it's a little windy it's got me

264

00:12:08,949 --> 00:12:07,440

concerned my my launch intuition is uh

265

00:12:11,990 --> 00:12:08,959

tingling a bit

266

00:12:13,430 --> 00:12:12,000

i grew up here in florida i came to this

267

00:12:15,030 --> 00:12:13,440

very spot out here in the causeway as a

268

00:12:15,910 --> 00:12:15,040

kid my dad would take us to lunches all

269

00:12:18,389 --> 00:12:15,920

the time

270

00:12:21,030 --> 00:12:18,399

so personally oh it's like

271

00:12:22,230 --> 00:12:21,040

the kid in me comes out when i come here

272

00:12:23,750 --> 00:12:22,240

it's really cool

273

00:12:25,829 --> 00:12:23,760

i've been on both sides of it i've been

274

00:12:28,150 --> 00:12:25,839

a researcher and then i've been now

275

00:12:30,470 --> 00:12:28,160

helping researchers and i gotta say it's

276

00:12:32,710 --> 00:12:30,480

it's nervous on both sides you have a

277

00:12:34,790 --> 00:12:32,720

lot of worry i guess as a scientist you

278

00:12:35,910 --> 00:12:34,800

have a lot of work involved as a payload

279

00:12:37,590 --> 00:12:35,920

provider

280

00:12:38,870 --> 00:12:37,600

you hope you've checked all the boxes

281

00:12:40,389 --> 00:12:38,880

and you've done all that you can do to

282

00:12:41,990 --> 00:12:40,399

make everything work for the researchers

283

00:12:43,670 --> 00:12:42,000

so that they get good data

284

00:12:45,190 --> 00:12:43,680

it's not easy to put even the most

285

00:12:47,750 --> 00:12:45,200

simplest payloads

286

00:12:49,430 --> 00:12:47,760

on the space station but it's worth it

287

00:12:51,190 --> 00:12:49,440

it's worth all the work i think some of

288

00:12:53,350 --> 00:12:51,200

the biggest discoveries we have

289

00:12:54,949 --> 00:12:53,360

we've made and are going to find her up

290

00:12:57,190 --> 00:12:54,959

on the space station it's incredibly

291

00:12:58,470 --> 00:12:57,200

important

292

00:13:01,030 --> 00:12:58,480

well we've been really nervous all the

293

00:13:01,750 --> 00:13:01,040

way up until right this moment nervous

294

00:13:03,670 --> 00:13:01,760

that

295

00:13:04,949 --> 00:13:03,680

our our dreams aren't actually going to

296

00:13:06,710 --> 00:13:04,959

happen

297

00:13:08,470 --> 00:13:06,720

but now that the

298

00:13:10,790 --> 00:13:08,480

um you know larger countdown is

299

00:13:12,150 --> 00:13:10,800

happening and the

300

00:13:13,750 --> 00:13:12,160

rockets all fueled up and everything

301
00:13:15,430 --> 00:13:13,760
looks like it's going to happen on time

302
00:13:17,269 --> 00:13:15,440
it's it's getting really exciting the

303
00:13:18,710 --> 00:13:17,279
last you know 15 minute window before it

304
00:13:20,629 --> 00:13:18,720
takes off

305
00:13:22,230 --> 00:13:20,639
you know thanks to cases for funding

306
00:13:24,230 --> 00:13:22,240
this thanks to nanoracks for helping us

307
00:13:26,470 --> 00:13:24,240
coordinate and making the hardware and

308
00:13:27,750 --> 00:13:26,480
coordinating all the data collection too

309
00:13:29,269 --> 00:13:27,760
thank you for the astronauts who are

310
00:13:31,110 --> 00:13:29,279
going to be working on this project on

311
00:13:33,829 --> 00:13:31,120
station so

312
00:13:35,670 --> 00:13:33,839
a lot of a lot of people worked on this

313
00:13:37,430 --> 00:13:35,680

it's not just the two of us it's it's

314

00:13:45,330 --> 00:13:37,440

been a lot of people so

315

00:13:51,110 --> 00:13:48,310

[Music]

316

00:13:52,470 --> 00:13:51,120

as falcon 9 and cargo dragon take flight

317

00:13:54,870 --> 00:13:52,480

bound for the international space

318

00:13:56,470 --> 00:13:54,880

station with fresh supplies and research

319

00:13:58,790 --> 00:13:56,480

helping to maintain our human presence

320

00:14:01,880 --> 00:13:58,800

in space as the station celebrates its

321

00:14:13,910 --> 00:14:01,890

20th anniversary

322

00:14:18,949 --> 00:14:15,670

it'd be incredible just to watch it no

323

00:14:20,629 --> 00:14:18,959

matter what but knowing that

324

00:14:22,389 --> 00:14:20,639

we have a personal investment in it it

325

00:14:25,189 --> 00:14:22,399

makes it a it makes a big difference

326

00:14:27,110 --> 00:14:25,199

yeah so just knowing that

327

00:14:29,829 --> 00:14:27,120

something that we've been working on is

328

00:14:31,670 --> 00:14:29,839

on it and and then watching the whole

329

00:14:33,509 --> 00:14:31,680

like the whole experience makes it just

330

00:14:34,470 --> 00:14:33,519

different it's

331

00:14:43,509 --> 00:14:34,480

it

332

00:14:45,110 --> 00:14:43,519

worthwhile yeah absolutely and watching

333

00:14:47,030 --> 00:14:45,120

it with your best friend

334

00:14:48,550 --> 00:14:47,040

yeah and like someone that you've been

335

00:14:52,230 --> 00:14:48,560

working with

336

00:14:55,509 --> 00:14:52,240

for such a long time and it's just

337

00:14:58,629 --> 00:14:55,519

oh it's yeah i think it couldn't get

338

00:15:00,790 --> 00:14:58,639

better that's what i can say yeah um

339

00:15:02,150 --> 00:15:00,800

yeah i didn't want to do it with anyone

340

00:15:04,150 --> 00:15:02,160

else yeah

341

00:15:05,509 --> 00:15:04,160

that is the exact same sentiment that i

342

00:15:07,509 --> 00:15:05,519

have too

343

00:15:09,750 --> 00:15:07,519

so it was really it was really special

344

00:15:12,350 --> 00:15:09,760

that we could be here yeah and watch it

345

00:15:26,820 --> 00:15:12,360

together

346

00:15:30,230 --> 00:15:28,230

[Music]

347

00:15:31,910 --> 00:15:30,240

our scientist experiment is officially

348

00:15:34,550 --> 00:15:31,920

on its way to the international space

349

00:15:36,470 --> 00:15:34,560

station the spacex dragon capsule that

350

00:15:38,790 --> 00:15:36,480

gives the research its ride to low earth

351
00:15:40,629 --> 00:15:38,800
orbit now must make the last leg of its

352
00:15:42,310 --> 00:15:40,639
journey to the hands of the astronauts

353
00:15:44,150 --> 00:15:42,320
in microgravity

354
00:15:46,550 --> 00:15:44,160
what's neat for us is we've got cargo

355
00:15:48,949 --> 00:15:46,560
vehicles coming and going to the iss all

356
00:15:51,189 --> 00:15:48,959
the time it is really like a busy

357
00:15:52,629 --> 00:15:51,199
parking lot vehicles come in they stay

358
00:15:53,829 --> 00:15:52,639
for a few months we do a whole bunch of

359
00:15:55,269 --> 00:15:53,839
science and then they leave again and

360
00:15:55,990 --> 00:15:55,279
before you know it the next one's coming

361
00:15:57,749 --> 00:15:56,000
up

362
00:16:00,069 --> 00:15:57,759
now what's important to remember is that

363
00:16:01,749 --> 00:16:00,079

these vehicles cannot dock themselves to

364

00:16:03,509 --> 00:16:01,759

the space station we have to bring them

365

00:16:05,910 --> 00:16:03,519

into the space station utilizing

366

00:16:08,310 --> 00:16:05,920

robotics and what i like to tell people

367

00:16:10,230 --> 00:16:08,320

is performing robotics going out and

368

00:16:12,150 --> 00:16:10,240

capturing that vehicle is like a really

369

00:16:14,150 --> 00:16:12,160

difficult video game

370

00:16:16,550 --> 00:16:14,160

and so we practice over and over and

371

00:16:18,710 --> 00:16:16,560

over again using computer simulations on

372

00:16:20,629 --> 00:16:18,720

how to actually capture that cargo

373

00:16:23,189 --> 00:16:20,639

vehicle to bring it into station

374

00:16:24,949 --> 00:16:23,199

once that cargo vehicle docks to station

375

00:16:26,470 --> 00:16:24,959

we do a series of pressure checks and

376

00:16:28,310 --> 00:16:26,480

equalize that pressure with the

377

00:16:30,150 --> 00:16:28,320

international space station and finally

378

00:16:32,310 --> 00:16:30,160

we get to open the hatch

379

00:16:34,389 --> 00:16:32,320

very quickly the crew starts to move

380

00:16:35,590 --> 00:16:34,399

because we've got some experiments that

381

00:16:37,269 --> 00:16:35,600

are actually kept at certain

382

00:16:38,949 --> 00:16:37,279

temperatures and we have to transfer

383

00:16:40,550 --> 00:16:38,959

them quickly out and keep them at the

384

00:16:42,550 --> 00:16:40,560

same temperature there on board the

385

00:16:44,470 --> 00:16:42,560

space station

386

00:16:46,150 --> 00:16:44,480

elaine and paris du's research is one of

387

00:16:47,269 --> 00:16:46,160

the experiments that requires quick

388

00:16:48,870 --> 00:16:47,279

unloading

389

00:16:51,110 --> 00:16:48,880

stored at a constant temperature to

390

00:16:52,949 --> 00:16:51,120

ensure the hydrogels stay intact it's

391

00:16:54,870 --> 00:16:52,959

one of the first items that astronauts

392

00:16:56,870 --> 00:16:54,880

must remove from dragon

393

00:16:58,949 --> 00:16:56,880

then with the experiment finally aboard

394

00:17:02,829 --> 00:16:58,959

the space station it's time to conduct

395

00:17:07,510 --> 00:17:05,189

microgravity this was fantastic for me

396

00:17:08,870 --> 00:17:07,520

this is what i do this means a lot to me

397

00:17:10,949 --> 00:17:08,880

as a clinician

398

00:17:13,429 --> 00:17:10,959

and so it was really neat to be able to

399

00:17:16,630 --> 00:17:13,439

perform that sort of science on station

400

00:17:24,069 --> 00:17:16,640

acceleration 1002 is loaded

401
00:17:27,669 --> 00:17:25,829
we know that scientists play a huge role

402
00:17:29,190 --> 00:17:27,679
in human space flight missions but there

403
00:17:31,190 --> 00:17:29,200
are ways students from all over the

404
00:17:32,950 --> 00:17:31,200
country can get involved too

405
00:17:34,950 --> 00:17:32,960
nasa relies on them to take part in

406
00:17:36,789 --> 00:17:34,960
micro g next a challenge that allows

407
00:18:08,990 --> 00:17:36,799
them to put their engineering skills to

408
00:18:38,710 --> 00:18:17,100
[Music]

409
00:18:43,029 --> 00:18:40,870
there is one thing that explorers all

410
00:18:45,029 --> 00:18:43,039
throughout time have had in common they

411
00:18:46,549 --> 00:18:45,039
are all at the mercy of weather and

412
00:18:48,630 --> 00:18:46,559
while things like rain and wind and

413
00:18:50,870 --> 00:18:48,640

lightning all factor in you can't forget

414

00:18:52,950 --> 00:18:50,880

about radiation the astronauts and the

415

00:18:54,310 --> 00:18:52,960

systems on their future space vehicles

416

00:18:56,950 --> 00:18:54,320

will have to be protected from deep

417

00:18:58,789 --> 00:18:56,960

space radiation and that's why today's

418

00:19:01,029 --> 00:18:58,799

scientists are working hard to improve

419

00:19:02,720 --> 00:19:01,039

our ability to accurately forecast

420

00:19:05,830 --> 00:19:02,730

dangerous space weather

421

00:19:12,230 --> 00:19:05,840

[Music]

422

00:19:12,240 --> 00:19:17,270

presented by science at nasa

423

00:19:21,830 --> 00:19:19,669

when seafaring nations began to explore

424

00:19:23,909 --> 00:19:21,840

new regions of the world one of their

425

00:19:26,950 --> 00:19:23,919

biggest concerns in making the journey

426

00:19:29,190 --> 00:19:26,960

safely was how to cope with weather

427

00:19:31,190 --> 00:19:29,200

they could harness the wind for power

428

00:19:32,710 --> 00:19:31,200

they could rely on the sun and the stars

429

00:19:34,950 --> 00:19:32,720

for navigation

430

00:19:37,909 --> 00:19:34,960

they could build sturdy ships

431

00:19:39,909 --> 00:19:37,919

but if a storm rose suddenly they were

432

00:19:42,070 --> 00:19:39,919

at nature's mercy

433

00:19:44,230 --> 00:19:42,080

more than five centuries later our

434

00:19:46,230 --> 00:19:44,240

nation is once again on the cusp of

435

00:19:47,750 --> 00:19:46,240

exploring new worlds

436

00:19:49,909 --> 00:19:47,760

and once again

437

00:19:53,669 --> 00:19:49,919

one of our concerns about traveling long

438

00:19:56,630 --> 00:19:53,679

distances is the weather space weather

439

00:19:58,230 --> 00:19:56,640

while space is a vacuum it's not 100

440

00:20:01,190 --> 00:19:58,240

percent empty

441

00:20:02,870 --> 00:20:01,200

particles energy and magnetic fields

442

00:20:04,630 --> 00:20:02,880

travel through the void

443

00:20:07,430 --> 00:20:04,640

much of these emanate from the sun's

444

00:20:10,230 --> 00:20:07,440

corona as part of a constant outward

445

00:20:12,149 --> 00:20:10,240

flow known as the solar wind which

446

00:20:13,510 --> 00:20:12,159

stretches well beyond the orbit of

447

00:20:15,750 --> 00:20:13,520

neptune

448

00:20:18,630 --> 00:20:15,760

there are also high energy particles or

449

00:20:22,390 --> 00:20:18,640

cosmic rays in the mix which travel vast

450

00:20:24,549 --> 00:20:22,400

distances from dying stars or supernovae

451

00:20:26,950 --> 00:20:24,559

earth's magnetic field and relatively

452

00:20:29,669 --> 00:20:26,960

thick atmosphere act as a shield against

453

00:20:33,270 --> 00:20:29,679

the most harmful forms of this radiation

454

00:20:35,669 --> 00:20:33,280

but in space there is no such deterrent

455

00:20:38,950 --> 00:20:35,679

if we want to travel through this space

456

00:20:40,470 --> 00:20:38,960

we need ways to protect our astronauts

457

00:20:43,909 --> 00:20:40,480

these particles can affect our

458

00:20:46,390 --> 00:20:43,919

technology tripping onboard electronics

459

00:20:48,710 --> 00:20:46,400

dr yari colada vega space weather

460

00:20:51,190 --> 00:20:48,720

scientist at nasa's goddard space flight

461

00:20:53,510 --> 00:20:51,200

center notes we are working hard to

462

00:20:56,310 --> 00:20:53,520

forecast when these particles will be at

463

00:20:59,110 --> 00:20:56,320

their peak such as during solar flares

464

00:21:01,669 --> 00:20:59,120

or coronal mass ejections

465

00:21:04,070 --> 00:21:01,679

acute exposure to these solar energetic

466

00:21:06,310 --> 00:21:04,080

particles is a serious concern for

467

00:21:08,789 --> 00:21:06,320

astronauts and instruments

468

00:21:11,669 --> 00:21:08,799

therefore having a better understanding

469

00:21:13,669 --> 00:21:11,679

of when to expect solar activity is

470

00:21:16,789 --> 00:21:13,679

important for safely sending our

471

00:21:19,350 --> 00:21:16,799

astronauts and spacecraft through space

472

00:21:21,350 --> 00:21:19,360

ironically such space weather activity

473

00:21:24,230 --> 00:21:21,360

can actually protect against another

474

00:21:26,870 --> 00:21:24,240

threat to astronauts the sun's activity

475

00:21:29,430 --> 00:21:26,880

can block dangerous cosmic rays coming

476
00:21:32,230 --> 00:21:29,440
from other stars which are constantly

477
00:21:34,710 --> 00:21:32,240
present illustrating the complexity of

478
00:21:37,590 --> 00:21:34,720
the system nasa tries to understand and

479
00:21:40,390 --> 00:21:37,600
mitigate for our space travelers

480
00:21:42,630 --> 00:21:40,400
over time sea captains learned when to

481
00:21:44,710 --> 00:21:42,640
sell their ships and when to stay in

482
00:21:46,230 --> 00:21:44,720
harbor based on their accumulated

483
00:21:48,230 --> 00:21:46,240
knowledge of the weather

484
00:21:50,470 --> 00:21:48,240
it's more risky to be on the water in

485
00:21:52,549 --> 00:21:50,480
the caribbean during hurricane season

486
00:21:54,710 --> 00:21:52,559
and you'd want to consider avoiding the

487
00:21:56,390 --> 00:21:54,720
northeast coast of america during the

488
00:21:59,430 --> 00:21:56,400

height of winter

489

00:22:01,909 --> 00:21:59,440

dr colada vega says it's very similar to

490

00:22:03,990 --> 00:22:01,919

what we're doing today we're constantly

491

00:22:06,149 --> 00:22:04,000

developing and testing new models to

492

00:22:08,470 --> 00:22:06,159

predict space weather and we're

493

00:22:09,909 --> 00:22:08,480

constantly seeking new data to refine

494

00:22:12,470 --> 00:22:09,919

those models

495

00:22:15,430 --> 00:22:12,480

a host of heliophysics missions observe

496

00:22:17,909 --> 00:22:15,440

space from a variety of vantage points

497

00:22:20,310 --> 00:22:17,919

not unlike terrestrial weather sensors

498

00:22:22,789 --> 00:22:20,320

which work in tandem to paint a bigger

499

00:22:26,149 --> 00:22:22,799

picture of our space environment

500

00:22:28,710 --> 00:22:26,159

in august 2018 nasa launched the parker

501
00:22:31,190 --> 00:22:28,720
solar probe to help us better understand

502
00:22:33,990 --> 00:22:31,200
the sun's activity especially what

503
00:22:36,390 --> 00:22:34,000
drives the solar wind and how energetic

504
00:22:38,549 --> 00:22:36,400
particles get accelerated

505
00:22:40,950 --> 00:22:38,559
this data could be used to improve

506
00:22:43,029 --> 00:22:40,960
models of space weather forecasting

507
00:22:45,990 --> 00:22:43,039
ultimately helping us find new and

508
00:22:48,470 --> 00:22:46,000
better ways to shield our spacecraft and

509
00:22:50,710 --> 00:22:48,480
protect our astronauts

510
00:22:53,430 --> 00:22:50,720
whether it was the oceans ancient ships

511
00:22:56,310 --> 00:22:53,440
travel through or the space we will one

512
00:22:58,070 --> 00:22:56,320
day travel through we know this

513
00:23:01,190 --> 00:22:58,080

keeping a watchful eye on the

514

00:23:03,110 --> 00:23:01,200

environment around us is key to ensuring

515

00:23:05,430 --> 00:23:03,120

safe passage

516

00:23:06,710 --> 00:23:05,440

for more information about what matters

517

00:23:12,549 --> 00:23:06,720

in space

518

00:23:15,830 --> 00:23:14,310

the future missions just mentioned like

519

00:23:17,430 --> 00:23:15,840

the ones that will return american

520

00:23:19,110 --> 00:23:17,440

astronauts to the moon in a few short

521

00:23:21,590 --> 00:23:19,120

years and then take them out into the

522

00:23:22,710 --> 00:23:21,600

solar system are part of nasa's artemis

523

00:23:24,549 --> 00:23:22,720

program

524

00:23:26,710 --> 00:23:24,559

artemis will bring together the orion

525

00:23:28,950 --> 00:23:26,720

space vehicle the space launch system

526
00:23:31,270 --> 00:23:28,960
rocket and the ground systems needed to

527
00:23:32,950 --> 00:23:31,280
launch them both and as you'll see the

528
00:23:35,190 --> 00:23:32,960
people building these things are working

529
00:23:36,789 --> 00:23:35,200
hard to get everything ready to go

530
00:23:39,190 --> 00:23:36,799
take a look at the progress being made

531
00:23:48,840 --> 00:23:39,200
at nasa centers and contractor locations

532
00:27:04,630 --> 00:23:54,210
[Music]

533
00:27:04,640 --> 00:27:17,110
um

534
00:27:20,789 --> 00:27:18,710
if you'd like another look at any of the

535
00:27:22,630 --> 00:27:20,799
stories we featured today head on over

536
00:27:24,230 --> 00:27:22,640
to youtube and facebook at those

537
00:27:25,909 --> 00:27:24,240
addresses right there in that blue box

538
00:27:27,350 --> 00:27:25,919

on your nasa tv screen

539

00:27:28,630 --> 00:27:27,360

and while you're there feel free to

540

00:27:30,789 --> 00:27:28,640

check out all the other cool stuff

541

00:27:32,710 --> 00:27:30,799

available about nasa and america's human

542

00:27:33,990 --> 00:27:32,720

space flight program

543

00:27:36,470 --> 00:27:34,000

and if you'd rather take your space

544

00:27:38,310 --> 00:27:36,480

content to go the place to go is houston

545

00:27:39,990 --> 00:27:38,320

we have a podcast where we hear

546

00:27:41,510 --> 00:27:40,000

firsthand from those working in the

547

00:27:43,110 --> 00:27:41,520

thick of all aspects of space

548

00:27:45,430 --> 00:27:43,120

exploration

549

00:27:47,830 --> 00:27:45,440

we post new episodes every friday so

550

00:27:49,430 --> 00:27:47,840

today gary jordan gets the inside scoop

551
00:27:50,950 --> 00:27:49,440
on what it takes to keep the johnson

552
00:27:52,389 --> 00:27:50,960
space center running

553
00:27:54,549 --> 00:27:52,399
you'll hear from the people in charge of

554
00:27:57,269 --> 00:27:54,559
center operations and because it's that

555
00:28:00,310 --> 00:27:57,279
special time of year hurricane response

556
00:28:02,470 --> 00:28:00,320
go to nasa.gov podcasts for this episode

557
00:28:05,029 --> 00:28:02,480
all of our previous episodes and the

558
00:28:07,029 --> 00:28:05,039
full library of nasa podcasts you can

559
00:28:27,510 --> 00:28:07,039
listen to any of the above on apple

560
00:28:27,520 --> 00:28:31,830
let's go

561
00:28:31,840 --> 00:28:46,789
it's